

Patient-focused Self-management of CKD

Project Newsletter

Issue 1: November 2016



Strategy for Patient-Oriented Research

SPOR

Putting Patients First 

Project Summary:

To develop a self-management strategy that can be tailored to a patient's unique situation, needs, priorities and desires to improve their outcomes and increase their quality of life.

This project has 4 phases. We are currently working on Phase 1, to identify existing tools, resources and strategies for patient-focused self-management of CKD.

Phase 1: Objectives

Identifying existing self-management strategies

- Scoping review of the literature.
- Survey of CKD clinics, across Canada.

Accomplishments: September/October 2016

- Conference call with project team to discuss Phase 1, September 12, 2016
- Scoping review of the literature underway.
- Survey to identify self management resources has been sent to 62 CKD clinics across Canada.
- Conference call held on Oct 21 to discuss ways to support engagement between patients, caregivers, researchers and clinicians within the Network. Attended by Helen Chiu, Brenda Hemmelgarn, Claire Large, and Chantel Large.

Patient Partner updates:

Kim Kearns has had to step down as a Can-SOLVE CKD patient partner. Gwen Herrington will be the new Patient Council representative and self-management committee co-lead.



Gwen Herrington

Next Steps: November 2016

Scoping review

- Key information gathered from research articles

Environmental scan:

- Email reminder Nov 7 to CKD clinics to complete survey
- Follow-up phone call for non-responders

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