

Patient-focused Self-management of CKD

Project Newsletter

Issue 3: Summer 2017



Strategy for Patient-Oriented Research

SPOR

Putting Patients First 

Project Aim:

To develop a self-management strategy that can be individualized to a patient's unique situation, needs, priorities and preferences to improve their outcomes and increase their quality of life.

Accomplishments: March-June 2017

- In-person core committee meeting May 4th, 2017 in Montreal QC.
 - Members discussed and provided input for Phase 2 of the research project. This includes conducting focus groups/ interviews to explore experiences, preferences and needs of adults with CKD and their caregivers' regarding self-management.
- We were given ethics approval to go ahead with the focus groups in Calgary and Lethbridge.
- The environmental scan and scoping review results were presented at various conferences with a lot of interest from attendees.

We need your help!

Do you know of anyone with CKD (not currently on dialysis and has not had a transplant)?

Come join us in a focus group or phone interview which will take about an hour and a half (50\$ reimbursement).

If you or someone you know is interested, please contact:

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Next Steps:

- Focus groups to take place in Calgary and Lethbridge, AB in summer and fall 2017 and in Toronto and London, ON fall 2017.
- Phone interviews to take place throughout the summer and fall of 2017.

Co-leads:

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Did you know?

Can-SOLVE CKD has a webinar series that features joint presentations by researchers and patient partners highlighting research projects and other activities, including the "Strategies to enhance patient self-management of chronic kidney disease" presentation by Dr. Hemmelgarn, Ms. Gwen Herrington and Mr. Dwight Sparkes .
<https://cansolveckd.ca/research/webinars/>

To learn more: www.cansolveckd.ca

