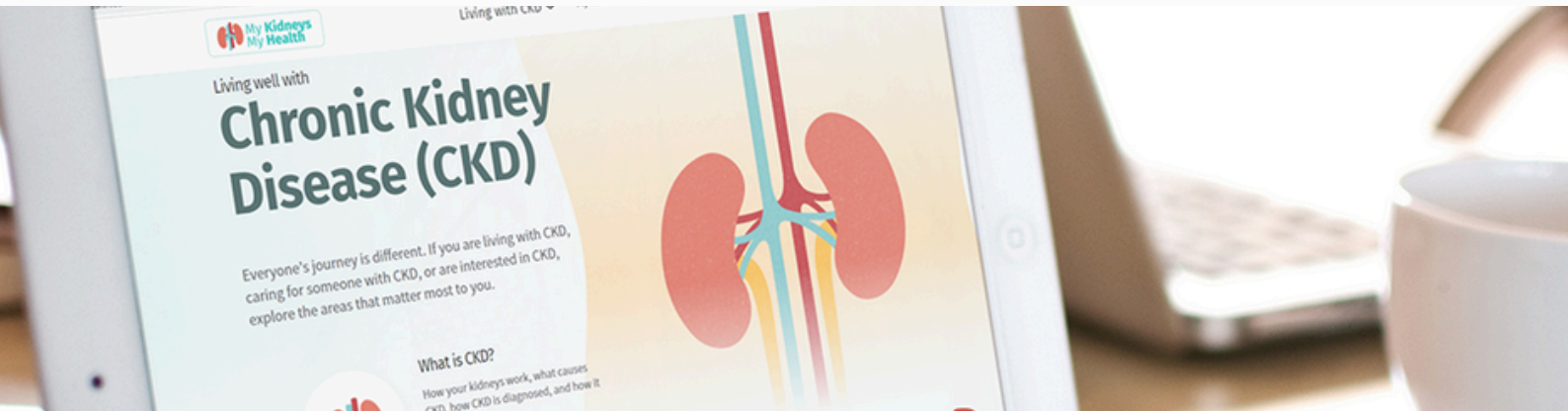


SUMMER 2024

# PATIENT-FOCUSED SELF-MANAGEMENT OF CKD

NEWSLETTER



## ACHIEVEMENTS

- Dec 2023: Sabrina presented implementation study results at the D&I conference in Arlington, DC
- May 2024: Meghan presented sexual health study findings at CSN in Montreal, co-leads presented on our project at Can-SOLVE AGM
- Website updates:
  - Oct 2023-June 2024: 4,856 website users
  - My Questions List updated
  - Subscriber form is now live
  - Resources page is now live

## NEXT STEPS

- Value Proposition to be completed by Sept 30
- Project Check-In call to be scheduled in the fall
- Next Dissemination Working Group meeting and Team Meeting to be scheduled in the fall
- Do you have any ideas to promote My Kidneys My Health? (e.g., events, social media outlets, etc.) – please email Sabrina

## PROJECT UPDATES

### Peer Support

The peer support scoping review manuscript has been accepted for publication by the American Journal of Kidney Diseases. It is in the production line for publication.

### Sexual Health

Our survey to explore the perceptions, practices, and needs on the provision of sexual health support is in the analysis stage:

- 6 survey participants have been interviewed and transcripts are being analyzed
- Manuscript planning is currently taking place
- Environmental scan of resources being led by Gillian Crysdale, summer student

### Engagement and Needs of Indigenous Communities in Alberta

- Knowledge Keeper Violet introduced us to the Crowshoe family, who have shown interest in supporting our work
- Met with Margo Dodginghorse and Sylvan Breaker (Stoney Nakoda Tsuut'ina Tribal Council/G4) who are interested in supporting this work, planning next steps with Sylvan
- Ethics application for community engagement has been approved

### Can-SOLVE ROCKeT Annual Project Review Feedback

- Project has an excellent, high-functioning team
- My Kidneys My Health allows for accessible online resources with over 6,000 users
- Project pillars align well with IDEA
- Patient engagement has been exceptional, excellent work to date
- Successfully presented in 13 conferences and sent out two team newsletters
- Can-SOLVE CKD leadership is discussing options for sustaining eHealth interventions and supporting Indigenous engagement

Strategy for Patient-Oriented Research

**SPOR**

Putting Patients First 

 **Can-SOLVE**  
CKD Network

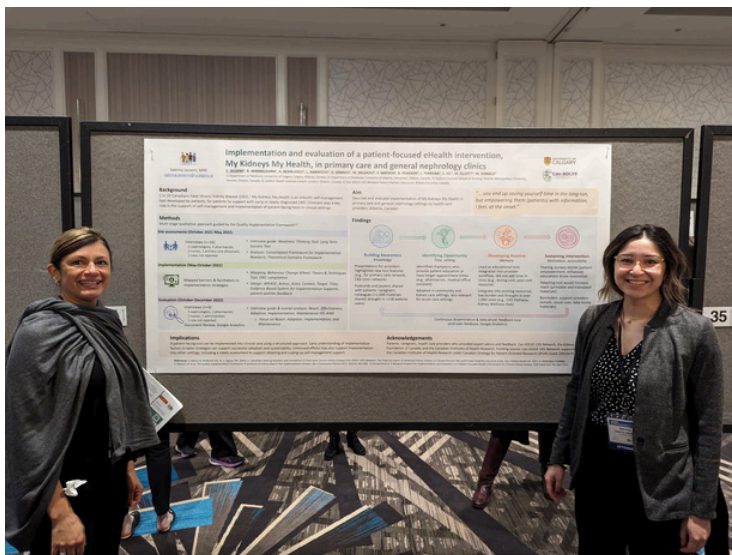
# ENGAGEMENT ACTIVITIES



*Dwight, Mo, and Meghan co-presenting at the Can-SOLVE AGM May 2024. Presenting on the Can-SOLVE 2.0 project.*



*We are so happy to have Gillian back for the summer. Thank you, Gillian, for all of your great work!*



*Mo and Sabrina at the Dissemination and Implementation conference December 2023. Presenting Can-SOLVE 1.0 implementation project.*



*Meghan at the Canadian Society of Nephrology conference May 2024. Presenting Can-SOLVE 2.0 sexual health survey results.*