

PATIENT-FOCUSED SELF-MANAGEMENT OF CKD (2.0)

NEWSLETTER



HAPPY HOLIDAYS!

ACHIEVEMENTS:

- *Developed a process for patient partner payment, goal setting, and skill-matching*

NEXT STEPS

- *If you are interested in joining the Dissemination Working Group, please email [Sabrina](#)*
- *Do you have any ideas to promote My Kidneys My Health? (e.g., events, social media outlets, etc.) - please email [Sabrina](#)*
- *Core team will reach out with information for the 2023 Can-SOLVE CKD Network Annual General Meeting*

Can-SOLVE 2.0

Over the summer, the Can-SOLVE CKD Network held a series of capacity-building sessions for all project team members. If you are interested in reviewing these sessions or participating in the learning tree, click [here](#) for more information.

Project updates

In June 2022, we kicked off this next phase of work with our team meeting. There, we discussed the first sub-phase of our Can-SOLVE 2.0 project: understanding self-management-related needs for Indigenous Peoples and content needs related to sex and gender. In the meantime, we have been building relationships and scoping potential work for this phase. A manuscript for a scoping review for peer support is also being developed.

Dissemination activities

During the first phase of this Can-SOLVE project, we developed a Dissemination Working Group that is open for all team members to reflect and share ideas on how we can spread awareness of My Kidneys My Health. This group is a great opportunity to engage with other team members quarterly. Updates on this work include:

- Developing printable materials that will be posted on a new "Resources" section of the website and translated into French
- Investigating a process for website users to subscribe to periodic emails from the team

Next steps

We look forward to the year ahead and working with you in 2023. In May, the Can-SOLVE CKD Network will hold their annual meeting in Halifax. More details to come.

Strategy for Patient-Oriented Research

SPOR

Putting Patients First 

