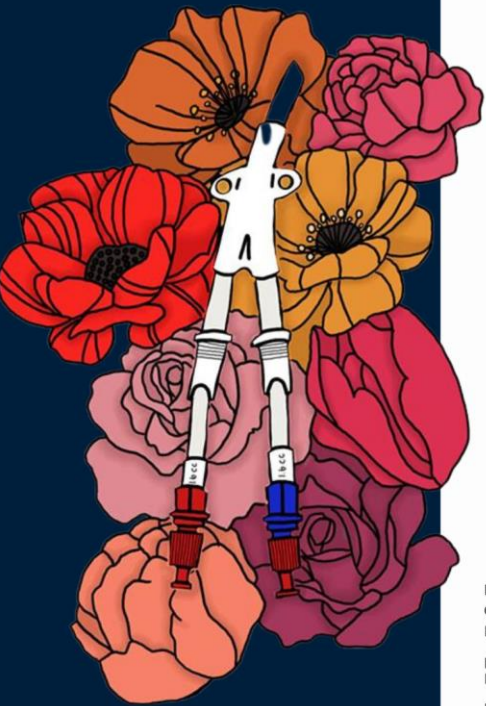


Mind the Gap



Art by
Samantha Schellenberg
(Patient Partner)

Our Progress

Alberta

- Monthly meeting with Patient and Community advisors to advise on all elements of the project.
- KFOC-funded project continues to develop and tailor mental health pathways for Albertans receiving dialysis
- Environmental scans for mental health resources for BC, AB and MB completed.
- ON resource list drafted and under review by patient partners.

Manitoba

- Ethics Approval granted
- Engaging with local Indigenous patient partners started with inviting Dr. Mary Wilson as project Knowledge Keeper.
- Reaching out to Friendship centres, local community health centres and dialysis centres to invite new Indigenous patient partners to join the project.
- Preparing survey about mental health priorities for distribution

NEXT STEPS

- **Phase 1:** ON mental health resource list to be reviewed by patient partners, and complete resource list for other provinces and territories
- **Phase 2:** Continue with Indigenous patient partners recruitment
- **Phase 3:** Disseminating Surveys to sites to identify prevalent and urgent mental health issues in dialysis patients
- **Phase 5:** Develop protocol for implementing and evaluating mental health pathway for Albertans receiving dialysis

Meet the Team

Project Co-Leads:
Clara Bohm (MB),
Kara Schick-Makaroff (AB)

Knowledge Keeper:
Mary Wilson (MB)

Project Coordinators:
Charlotte Berendonk (AB),
Russell Malabanan (MB)

Co-Investigators:
Mark Canney (ON), Mary Smith (ON),
Karthik Tennankore (NS),
Stephanie Thompson (AB)

Patient Partner Co-Lead:
Arlene Desjarlais (MB), Loretta Lee (AB)

Patient Partners:
Manuel Escoto (AB), George Fontaine (MB),
Michael McCormick (ON), Samantha Schellenberg (MB),
Tim Slater (ON), Hans Vorster (ON)

Policy/Decision Makers:
Lisa Joya (NS), Joanne Kappel (SK),
Lydia Lauder (QC)

Trainees:
Priscila Ferreira Da Silva (MB),
Primrose Mharapara (AB)

About the Project

The Can-SOLVE 1.0 *Triple I* project identified mental health as a priority in improving care for people receiving in-centre hemodialysis.

The *Mind the Gap* project will build on this by identifying priority mental health issues in people receiving hemodialysis and developing culturally-sensitive and trauma-informed solutions to address these issues through the following:



1 Environmental scan of available mental health resources

Available mental health resources from each province and territory will be catalogued and updated to provide an extensive list of resources.

(Scan to see our progress!)



5 Implement and Evaluate pathway for mental health

In Alberta, the Alberta pathway for mental health for individuals receiving hemodialysis is currently being developed and will be implemented and evaluated.



2 Engage with patient partners and stakeholders

Among people receiving hemodialysis, Indigenous patients are disproportionately affected by mental health issues as a result of the history of colonialism in Canada.

Indigenous patient partners will help to gather perspectives and guide subsequent phases of the project.



4 Forming tailored mental health care solutions

With the guidance of patient partners, tailored mental health support strategies will be formed using the findings from Phases 1 to 3.

Implementation strategies will be developed for these solutions in Manitoba and Nova Scotia.



3 Identify prevalent mental health issues

Surveys, prioritizing workshop and focus group discussions will be used to identify and prioritize mental health issues.

Participants will be people receiving hemodialysis, their caregivers, and dialysis healthcare workers.

Hear from a Patient Partner, Lorretta.

"As a patient partner, it is very meaningful to be on the 'ground floor' of building a mental health pathway...For patient's the recognition of mental health as an important part of care is a step forward to more holistic care/patient centered care. I know for me, living with ESRD and all of the "fall out" has been overwhelming at times. I'm looking forward to seeing the final piece: the pathway and its utilization in the CKD population and care teams"



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