



**Meno Ya Win**  
**Indigenous Kidney Health Series**  
**Learning Modules: LESSON PLANS**

**Module 5: CHOOSING A TREATMENT  
FOR SICK KIDNEYS**

**CONTENT**

- What things do you need to think about to make a treatment choice for sick kidneys?
- Treatment choices

**LEARNING GOALS**

By the end of this lesson, the patient and family will understand:

- Three important issues to think about when making a treatment choice when the kidneys are not working well (lifestyle, other health conditions, impact of partner, family, and friends).
- A list of treatment options (dialysis – hemodialysis/peritoneal dialysis, kidney transplant and conservative kidney care) to further explore.

**ASSESSMENT QUESTIONS**

- What does quality of life mean to you?
- Tell me about some of the things you would need to consider when you need to decide about a treatment choice when your kidneys are working very poorly.
- How will you decide about a treatment option?
- Who needs to be involved with your decision?
- What other questions do you have today?

**OTHER PATIENT RESOURCES**

- The Kidney Foundation of Canada: [www.kidneyinfo.ca](http://www.kidneyinfo.ca)