



**Meno Ya Win**  
**Indigenous Kidney Health Series**  
**Learning Modules: LESSON PLANS**

**Module 6: PERITONEAL DIALYSIS**

**CONTENT**

- What is Peritoneal Dialysis (PD)?
- How does PD work?
- What are the benefits of PD?
- What are other things to consider about PD?

**LEARNING GOALS**

By the end of this lesson, the patient and family will understand:

- That PD requires the insertion of a catheter and uses the lining of the abdominal wall and organs (the peritoneum) to clean the blood.
- The two types of PD – twin bag/Continuous Ambulatory Peritoneal Dialysis/CAPD and machine/Automated Peritoneal Dialysis/APD
- Some of the benefits of PD such as can be done at home, able to travel more freely, less restrictions in diet and fluids, no needles, able to do more of the things you like, gentler on the body.
- Some issues to consider about PD such as being done every day, cannot have baths or sit in a hot tub, chance of infection, some weight gain.

**ASSESSMENT QUESTIONS**

- Tell me what you know about Peritoneal Dialysis.
- Would Peritoneal Dialysis be a possible option for you? If not, why not?
- What other questions do you have today?

**OTHER PATIENT RESOURCES**

- Peritoneal Dialysis demonstration video included in this learning series.
- The Kidney Foundation of Canada: [www.kidneyinfo.ca](http://www.kidneyinfo.ca)