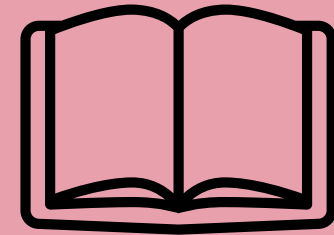


Mind the Gap

About the Project

The Can-SOLVE 1.0 *Triple I* project identified mental wellbeing as a priority in improving care for people receiving in-centre hemodialysis.

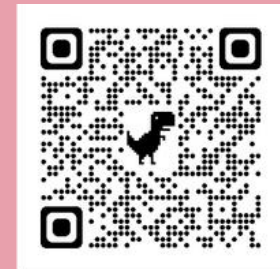
The *Mind the Gap* project builds on this by identifying priority mental wellbeing issues in people receiving hemodialysis and developing culturally-sensitive and trauma-informed solutions to address these issues through the following:



1 Environmental scan of available mental health resources

Available mental health resources from each province and territory were catalogued and updated to provide an extensive list of resources.

(Scan to check it out!)



2 Engage with patient partners and stakeholders

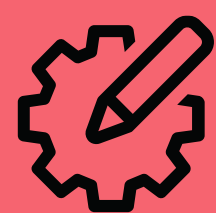
Among people receiving hemodialysis, Indigenous patients are disproportionately affected by mental health issues as a result of the history of colonialism in Canada.

Indigenous patient partners will help to gather perspectives and guide subsequent phases of the project.



5 Implement and Evaluate pathway for mental health

In Alberta, the Alberta pathway for mental health for individuals receiving hemodialysis, peritoneal dialysis, etc. is currently being finalized and will be implemented and evaluated.



4 Forming tailored mental health care solutions

With the guidance of patient partners, tailored mental health support strategies will be formed using the findings from Objectives 1 to 3.

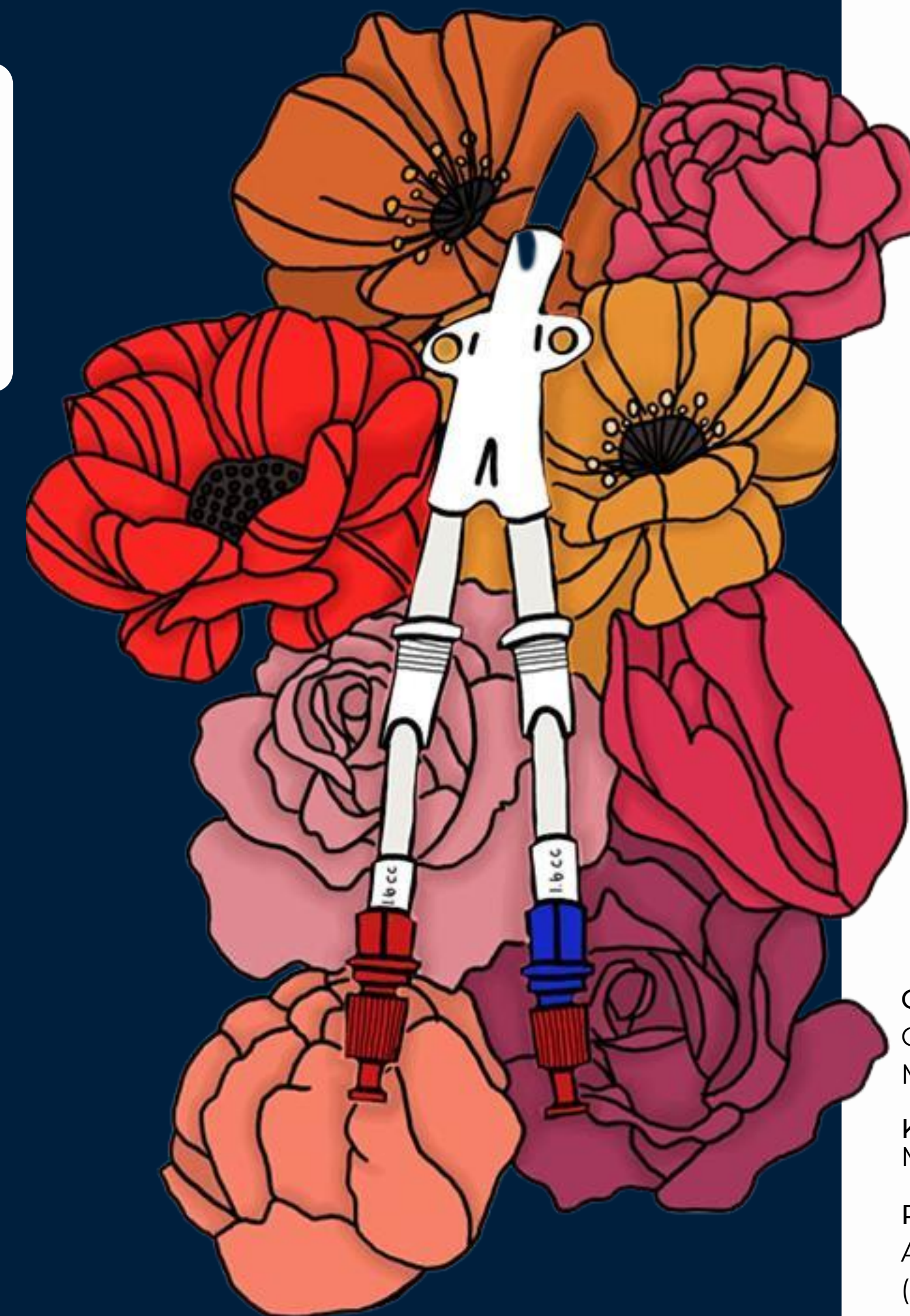
Implementation strategies will be developed for these solutions in Manitoba and Nova Scotia.



3 Identify prevalent mental health issues

Surveys, prioritizing workshop and focus group discussions will be used to identify and prioritize mental health issues.

Participants will be people receiving hemodialysis, their caregivers, and dialysis healthcare workers.



Art by
Samantha Schellenberg
(Patient Partner)

Our Progress

Objective 1

- Environmental scans for mental health supports, province- and territory-specific are complete.
- Developed in-consultation with and verified by patient partners and healthcare providers.
- Accessible online: <http://www.healthyqol.com/kidney>

Objective 2

- In September 2023 we held a feast in Winnipeg, MB to thank patient partners, close the Triple I project and open the Mind the Gap project.
- Successfully engaged with both First Nations Health and Social Secretariat of Manitoba (FNHSSM) and the Manitoba Metis Federation (MMF) and in the process of finalizing approvals and permissions that will allow us to focus on these populations in Manitoba.
- Survey gathering stakeholder perspectives on mental health and wellness are in the field.

You are invited to participate!



NEXT STEPS

Objective 1

Maintaining the resource lists and disseminating them widely.

Objective 2

Continue with Indigenous patient partners recruitment.

Objective 2.1

Survey data analysis; priority setting workshop in June 2024 in Winnipeg, MB.

Objective 2.3

PhD student will continue with the planned synthesis and qualitative study.

Objective 3

Pathway work (a) implement and evaluate the current pathway-version as a practice direction document in AB Kidney Care; (b) support the development of an additional pathway version for primary care in AB.

Meet the Team

Co-Principal Investigators:

Clara Bohm (MB), Kara Schick-Makaroff (AB)

Knowledge Keeper:
Mary Wilson (MB)

Research Team:

Ashley Seitz (MB), Oksana Harasemiw (MB), Priscila Ferreira Da Silva (MB), Charlotte Berendonk (AB)

Co-Investigators:

Mark Canney (ON), Karthik Tennankore (NS), Stephanie Thompson (AB)

Masters Student: Russell Malabanan (MB)

Patient Partner Co-Leads:

Arlene Desjarlais (MB), Loretta Lee (AB)

Graphic Art/Design: Samantha Schellenberg (MB)

Patient Partners:

Earl Halcrow (MB), Hans Vorster (ON), Leah Getchell (ON), Michael McCormick (ON), Nate Boutcher (ON), Neil Boushie (MB), Tim Slater (ON)

Knowledge Users:

Lisa Joya (NS), Joanne Kappel (SK)

PhD Candidate: Primrose Mharapara (AB)



Hear from a Patient Partner,

My experience as a patient partner has been a learning curve and quite informative. Being part of a research team has provided insights into multidisciplinary team members and what each contributes from their own perspectives.

I am also a patient that believes the saying of "nothing without me".

-Loretta Lee (AB)



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